



ENDODONTICS
727-443-3231

HOME CARE INSTRUCTIONS AFTER ROOT CANAL TREATMENT

- **Avoid any chewing** until numbness has completely worn off.
- It is normal for the treated area/tooth to be sore for 7-10 days after treatment. Tenderness to biting may persist for up to two weeks following treatment but will gradually get better over time.
- Generally, Ibuprofen (Advil or Motrin), Tylenol or Aleve is all that is needed for post-operative soreness. We strongly recommend that you take Ibuprofen 800mg (4 over-the-counter 200mg tablets) every six hours for two days, unless you have an allergy or sensitivity to these medications. At this dosage the Ibuprofen has excellent anti-inflammatory properties. It's a good idea to take a pain reliever even if the tooth is not sore to help prevent soreness in the next few days.
- Your tooth only has a **temporary filling**. *Avoid chewing* on the treated tooth until the permanent restoration is placed. You **MUST follow up with your General Dentist for the final restoration within 1 month**.
- If antibiotics have been prescribed, it's important that you take them for the full length of time indicated on the prescription, even if all signs of infection are gone.



ENDODONTICS
727-443-3231

HOME CARE INSTRUCTIONS AFTER ROOT CANAL TREATMENT

- **Avoid any chewing** until numbness has completely worn off.
- It is normal for the treated area/tooth to be sore for 7-10 days after treatment. Tenderness to biting may persist for up to two weeks following treatment but will gradually get better over time.
- Generally, Ibuprofen (Advil or Motrin), Tylenol or Aleve is all that is needed for post-operative soreness. We strongly recommend that you take Ibuprofen 800mg (4 over-the-counter 200mg tablets) every six hours for two days, unless you have an allergy or sensitivity to these medications. At this dosage the Ibuprofen has excellent anti-inflammatory properties. It's a good idea to take a pain reliever even if the tooth is not sore to help prevent soreness in the next few days.
- Your tooth only has a **temporary filling**. *Avoid chewing* on the treated tooth until the permanent restoration is placed. You **MUST follow up with your General Dentist for the final restoration within 1 month**.
- If antibiotics have been prescribed, it's important that you take them for the full length of time indicated on the prescription, even if all signs of infection are gone.