



727-443-3231

Please follow these home care instructions for after a root canal procedure

- **Avoid any chewing** until numbness has completely worn off.
- It is normal for your tooth to be sore for 7-10 days after treatment. Tenderness to biting may persist for up to two weeks following treatment but will gradually get better over time.
- Generally, Ibuprofen (Advil or Motrin), Tylenol or Aleve is all that is needed for post-operative soreness. We strongly recommend that you take 600mg (three over-the-counter 200mg tablets) every six hours for two days, unless you have an allergy or sensitivity to these medications. At this dosage the Ibuprofen has excellent anti-inflammatory properties. It's a good idea to take the pain reliever even if the tooth is not sore to help prevent soreness in the next few days.
- Your tooth only has a **temporary filling at this time**. Avoid chewing on the treated tooth until the permanent restoration is placed. **You are to follow up with your General Dentist for the final restoration within a month.**
- If antibiotics have been prescribed, it's important that you take them for the full length of time indicated on the prescription, even if all signs of infection are gone.